

Lake Tahoe Marathon Week ReMax 5K

Final Results

Tuesday, October 9, 2007 10:46:35 AM

Overall by Distance: 5K

OvrAll / Gndr / Div	No	Name	Representing	Division	Net Time	Total Time	Back	Pace
1 / 1 / 1	83	HERNANDEZ, John		5K Open Male	20:58.9	20:58.9	0:00.0	6:46.1
2 / 1 / 1	86	CICHOWICZ, Cassidy		5K Open Female	21:22.4	21:22.4	0:23.5	6:53.7
3 / 2 / 2	78	MCMANUS, Thomas		5K Open Male	21:31.7	21:31.7	0:32.8	6:56.7
4 / 3 / 3	35	WENDELIN, Dietmar	IRVINE CA USA	5K Open Male	22:23.1	22:23.1	+1:24.2	7:13.3
5 / 2 / 1	80	STAHLKE, Shelby		5K Masters Female	22:35.4	22:35.4	+1:36.5	7:17.2
6 / 4 / 4	64	NORTON, Harley		5K Open Male	23:39.0	23:39.0	+2:40.1	7:37.7
7 / 5 / 1	74	SIMMS, Jeff		5K Masters Male	24:16.6	24:16.6	+3:17.7	7:49.9
8 / 6 / 5	59	JACOBS, Marshall	LOS ALTOS CA	5K Open Male	24:25.4	24:25.4	+3:26.5	7:52.7
9 / 7 / 6	55	ADAMO, Hugh	SAN JOSE CA	5K Open Male	25:19.4	25:19.4	+4:20.5	8:10.1
10 / 3 / 2	65	VIAL, Kelly		5K Open Female	25:35.3	25:35.3	+4:36.4	8:15.3
11 / 8 / 7	19	HORTON, Chris	NAPA CA USA	5K Open Male	26:05.1	26:05.1	+5:06.2	8:24.9
12 / 4 / 2	51	BAKER, Staci	STATELINE NV USA	5K Masters Female	27:30.0	27:30.0	+6:31.1	8:52.3
13 / 5 / 3	81	ZELLER, Gretchen		5K Masters Female	27:38.2	27:38.2	+6:39.3	8:54.9
14 / 9 / 2	54	DAVIS, Anthony	STATELINE NV USA	5K Masters Male	28:06.6	28:06.6	+7:07.7	9:04.1
15 / 10 / 3	79	HUELGA, Al		5K Masters Male	28:30.0	28:30.0	+7:31.1	9:11.6
16 / 6 / 4	58	JACOBS, Pamela	LOS ALTOS CA	5K Masters Female	29:10.9	29:10.9	+8:12.0	9:24.8
17 / 11 / 8	56	PRATT, Brandon	LIVERMORE CA	5K Open Male	29:15.9	29:15.9	+8:17.0	9:26.4
18 / 7 / 5	6	BIERMAN, April	CUMBERLAND MD USA	5K Masters Female	29:48.5	29:48.5	+8:49.6	9:36.9
19 / 12 / 9	36	WETZELL, Ben	CARSON CITY NV USA	5K Open Male	29:59.5	29:59.5	+9:00.6	9:40.5
20 / 8 / 3	5	AVITIA, Michelle	CARSON CITY NV USA	5K Open Female	30:00.4	30:00.4	+9:01.5	9:40.8
21 / 9 / 4	28	MONRREAL, Lisa	SOUTH LAKE TAHOECA ...	5K Open Female	30:35.3	30:35.3	+9:36.4	9:52.0
21 / 9 / 4	32	SHUFFELTON, Meghan	SOUTH LAKE TAHOECA ...	5K Open Female	30:35.3	30:35.3	+9:36.4	9:52.0
23 / 11 / 6	76	WHEATLEY, Abby		5K Open Female	30:43.1	30:43.1	+9:44.2	9:54.5
24 / 13 / 4	8	BRYCE, Brad	SIERRA MADRE CA USA	5K Masters Male	30:47.2	30:47.2	+9:48.3	9:55.9
25 / 12 / 6	9	BURGESS, Deb	LAKEWOOD CA USA	5K Masters Female	30:48.4	30:48.4	+9:49.5	9:56.3
25 / 12 / 7	57	KARNOFEL, Morgan	GARDNERVILLE NV USA	5K Open Female	30:48.4	30:48.4	+9:49.5	9:56.3
27 / 14 / 7	43	HUKARI, Kathy	GARDNERVILLE NV USA	5K Masters Female	30:48.8	30:48.8	+9:49.9	9:56.4
28 / 15 / 8	61	POOHACHOFF, Marianne	SOUTH LAKE TAHOE	5K Masters Female	30:51.7	30:51.7	+9:52.8	9:57.3
29 / 16 / 9	60	GASTON, Jennifer	SOUTH LAKE TAHOE CA ...	5K Masters Female	31:10.3	31:10.3	+10:11.4	10:03.3
30 / 14 / 10	30	PORTER, John	CRANE MO USA	5K Open Male	31:42.7	31:42.7	+10:43.8	10:13.8
31 / 15 / 5	66	MRAZEK, Jim		5K Masters Male	31:48.0	31:48.0	+10:49.1	10:15.5
31 / 17 / 8	53	BARCETTI, Jesse		5K Open Female	31:48.0	31:48.0	+10:49.1	10:15.5
33 / 16 / 6	85	SHEETZ, Don		5K Masters Male	31:48.1	31:48.1	+10:49.2	10:15.5
34 / 18 / 10	48	BAILEY, Debbie	CARSON CITY NV USA	5K Masters Female	31:59.6	31:59.6	+11:00.7	10:19.2
35 / 17 / 7	47	VOGT, Art	CARSON CITY NV USA	5K Masters Male	32:04.1	32:04.1	+11:05.2	10:20.7
36 / 19 / 11	75	PEACE, Leslie		5K Masters Female	32:17.5	32:17.5	+11:18.6	10:25.0
37 / 18 / 8	77	WILLIS, Robey	CARSON CITY NV USA	5K Masters Male	32:39.1	32:39.1	+11:40.2	10:32.0
38 / 20 / 12	34	SKOWRAN, Erin	COLORADO SPRINGS CO ...	5K Masters Female	32:42.0	32:42.0	+11:43.1	10:32.9
39 / 19 / 11	2	ALDERETE, Jake	CHULA VISTA CA USA	5K Open Male	32:43.9	32:43.9	+11:45.0	10:33.5
40 / 21 / 13	17	HELLE, Lucy	CHULA VISTA CA USA	5K Masters Female	33:50.5	33:50.5	+12:51.6	10:55.0
41 / 22 / 9	31	PORTER, Rebecca	CRANE MO USA	5K Open Female	34:38.5	34:38.5	+13:39.6	11:10.5
42 / 23 / 10	24	LOVELACE, Deborah	RENO USA	5K Open Female	36:13.8	36:13.8	+15:14.9	11:41.2

* indicates adjustments applied, see last page for details

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Lake Tahoe Marathon Week ReMax 5K

Overall by Distance: 5K Continued

OvrAll / Gndr / Div	No	Name	Representing	Division	Net Time	Total Time	Back	Pace
43 / 24 / 11	13	DIMAS, Monica	ROSEVILLE CA USA	5K Open Female	37:38.1	37:38.1	+16:39.2	12:08.4
44 / 25 / 12	63	MORAN, Deborah		5K Open Female	37:46.1	37:46.1	+16:47.2	12:11.0
45 / 20 / 12	22	LEFRAK, Sean	TRUCKEE CA USA	5K Open Male	38:27.0	38:27.0	+17:28.1	12:24.2
46 / 26 / 13	1	ALDERETE, Michelle	CHULA VISTA CA USA	5K Open Female	38:35.1	38:35.1	+17:36.2	12:26.8
47 / 21 / 13	73	CHRISTENSON, Jason		5K Open Male	38:42.2	38:42.2	+17:43.3	12:29.1
48 / 22 / 14	62	LEFRAK, Christopher		5K Open Male	39:28.1	39:28.1	+18:29.2	12:43.9
49 / 23 / 9	82	LAVINE, Ben		5K Masters Male	40:43.4	40:43.4	+19:44.5	13:08.2
50 / 27 / 14	38	WOLLENWEBER, Ramona	GIG HARBOR WA USA	5K Masters Female	40:53.8	40:53.8	+19:54.9	13:11.5
51 / 28 / 15	49	CLARKE, Lisa	STATELINE NV USA	5K Masters Female	41:12.5	41:12.5	+20:13.6	13:17.6
52 / 29 / 16	7	BLOOMINGDALE, Carol	TRUCKEE CA USA	5K Masters Female	41:54.6	41:54.6	+20:55.7	13:31.2
53 / 30 / 14	25	MAHAN, Melissa	CONCORD CA USA	5K Open Female	42:10.9	42:10.9	+21:12.0	13:36.4
54 / 31 / 17	18	HOFF, Rosanne	CARSON CITY NV USA	5K Masters Female	42:24.4	42:24.4	+21:25.5	13:40.8
55 / 32 / 15	4	ARIZONA, Jennifer Germain	BISBEE AZ USA	5K Open Female	45:17.6	45:17.6	+24:18.7	14:36.6
56 / 24 / 10	15	GERMAIN, David	BISBEE AZ USA	5K Masters Male	45:17.7	45:17.7	+24:18.8	14:36.7
57 / 33 / 16	46	RUBIO, Stephanie	TRACY CA USA	5K Open Female	45:47.0	45:47.0	+24:48.1	14:46.1
58 / 34 / 18	45	RUBIO, Alison	TRACY CA USA	5K Masters Female	45:47.2	45:47.2	+24:48.3	14:46.2
59 / 25 / 15	69	ZALKOW, Nicholas		5K Open Male	47:19.3	47:19.3	+26:20.4	15:15.9
60 / 26 / 11	67	ZALKOW, Nate		5K Masters Male	47:19.8	47:19.8	+26:20.9	15:16.1
61 / 27 / 12	68	ZALKOW, Andy		5K Masters Male	47:22.5	47:22.5	+26:23.6	15:16.9
62 / 35 / 17	44	THOMPSON, Suzanne	PITTSBURG CA USA	5K Open Female	48:12.4	48:12.4	+27:13.5	15:33.0
63 / 36 / 18	14	FURRER, Patricia	SAN JOSE CA USA	5K Open Female	48:16.4	48:16.4	+27:17.5	15:34.3
64 / 37 / 19	20	JIMENEZ, Norma	SAN JOSE CA USA	5K Masters Female	48:16.7	48:16.7	+27:17.8	15:34.4
65 / 38 / 19	84	HOFF, Rae		5K Open Female	54:08.1	54:08.1	+33:09.2	17:27.8
66 / 39 / 20	52	HOEM, Elaine	ZEPHYR COVE NV USA	5K Masters Female	55:01.2	55:01.2	+34:02.3	17:44.9
67 / 40 / 21	37	WILLFORD, Joyce	MODESTO CA USA	5K Masters Female	58:16.5	58:16.5	+37:17.6	18:47.9
68 / 41 / 20	33	SIBERT, Shelby	CARSON CITY NV USA	5K Open Female	1:03:16.9	1:03:16.9	+42:18.0	20:24.8
69 / 42 / 22	26	MALLEY, Carole	CARSON CITY NV USA	5K Masters Female	1:03:17.2	1:03:17.2	+42:18.3	20:24.9
70 / 43 / 23	12	DANG, Kimberly	CARSON CITY NV USA	5K Masters Female	1:03:17.6	1:03:17.6	+42:18.7	20:25.0

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